



Packing List for P4 Outdoor Camp 2016

S/N	Description	Quantity
Bags		
1	Backpack or duffel bag (to contain all items)	1
2	Small backpack (to carry items for walks)	1
Clothing		
3	School Polo T-shirt (one to be worn on Day 1)	3
4	School shorts/ skorts (one to be worn of Day 1)	3 pairs
5	Long-sleeved T-shirt (for night and outdoor activities)	2
6	Track pants (no jeans)	2 pairs
7	Undergarment (excluding the set worn on Day 1)	2 sets
8	Socks (excluding the pair worn on Day 1)	2 pairs
9	Towel	1
Footwear		
10	Sports shoes/ school shoes (in good condition)	1 pair
11	Slippers	1 pair
Toiletries		
12	Shampoo	Sufficient amount to last the duration of the camp
13	Shower gel	
14	Facial wash	
15	Toothpaste	
16	Toothbrush	1
17	Comb	1
Eating Utensils (non-disposable)		
18	Fork and spoon	1 set
19	Plate	1
20	Cup	1
Miscellaneous		
21	Personal medications (eg. painkillers, inhaler, etc)	Adequate amount; label and waterproof
22	Water bottle (2 litres)	1
23	Hand sanitizer	1 small bottle
24	Sunscreen	1 tube/ small bottle
25	Insect repellent	1 tube/ canister
26	Cap	1
27	Torchlight (with spare batteries)	1
28	Whistle	1
29	Thermometer (please ensure that it is working)	1
30	Stationery (Pen and pencils)	1 set
31	Plastic bags	4
32	Pillow case	1
33	Bedsheet for mattress (single)	1
34	Thin blanket (optional)	1